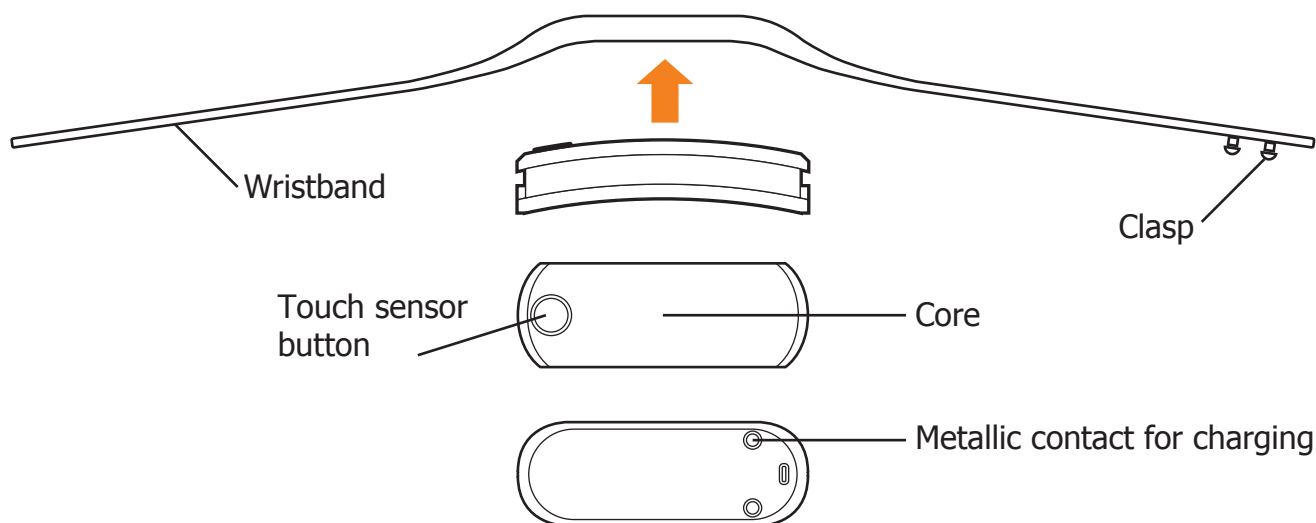
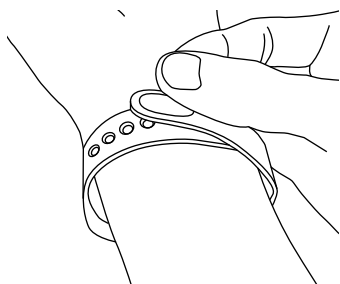


Device Overview



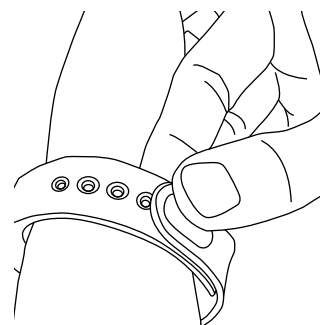
How to wear your Elite Fitness Band?

- 1 Attach your Elite Fitness Band to your wrist



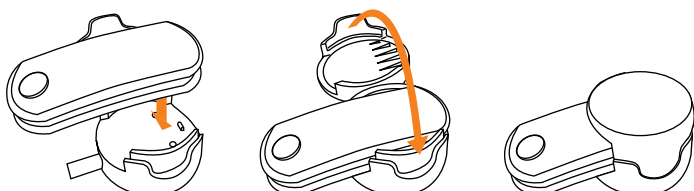
Put on the wristband with the screen facing up and the band wrapped around your wrist. Align the **METAL CLASP** along the band to find the hole that best fits your wrist size.
*Please make sure to fasten with the **METAL CLASP** and not the smaller plastic clasp.

- 2 Fasten your Elite Fitness Band with the metal clasp



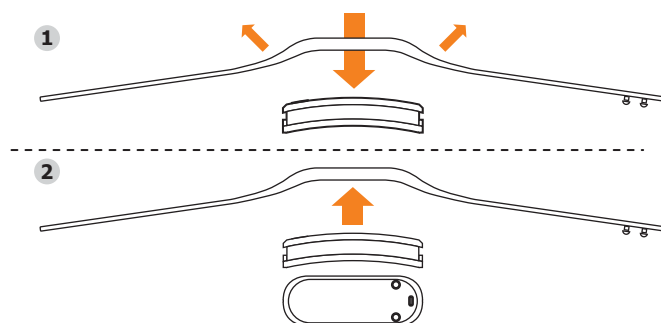
Press down on the **METAL CLASP** into the holes of the wristband until you hear a click indicating that the band is securely fastened

- 3 Charge your Elite Fitness Band



To charge your Elite Fitness Band, place it in the charging box at the other end of the USB cable. Close the box afterwards, and make sure the Elite Fitness Band is securely covered and that the charging contacts are properly aligned. Plug the USB connector to either a PC or power adapter to start charging. Initial charging time is approximately **2 hours**.

- 4 Change the wristband



1. Spread open both bands with the screen facing up, and press down the screen with your thumb until the core comes off the wristband.
2. Insert the core with screen facing up into the notch from below the wristband. Button up the clasp on the side of the band with 2 holes. Please note that the charging contact should be near the clasp.

For warranty information, troubleshooting or other customer service needs please visit www.jarvmobile.com

Register your product online at www.jarvmobile.com to receive a free 6 month warranty extension

Get started with Elite Fitness Band

1 Download and Install i-gotU Life app

Please download i-gotU Life app from Google Play or the App Store and have it installed on your smartphone.



Supported device

- Any Android smartphone (v4.3 and up) with built-in 4.0 Bluetooth connectivity; or
- iPhone 4s and later models, iPad 2 and later models, and iPod Touch (all with iOS version 7.0 and up).
- A complete list of supported smartphone or mobile devices can be found at:
<http://www.jarvmobile.com/support/SBD1400/devices.html>

3 Start Using Elite Fitness Band

1. Switch between different function modes

1. Long-press the button on the Elite Fitness Band until you see 4 icons on the screen for mode selection.
2. Press the button to switch mode.
3. You'll be entering the selected mode in 3 seconds.

2. Change display information

Information shown on the screen will vary as you press the button on the Elite Fitness Band to toggle between screens.

3. Elite Fitness Band modes

- ⚙️ **Daily mode:** Analyzes your daily data, including steps taken and calories burned.
- 🌙 **Sleep mode:** Tracks your sleep pattern and quality.
- 🏃 **Sports mode:** Starts a workout and displays information including duration, steps taken, calories burned, and distance traveled during the workout.
- 🕒 **Nap mode:** Awakes you via vibration after a short nap.

4. Icon description

Mo28	Date	⚙️	Current Mode
🔔	Alarm	🔋	Battery Status
📶	Connection Status	📊	Overall Progress (the average of Calories + Steps)

Important Notice

1. Please make sure your Elite Fitness Band is fully charged when used for the first time, it takes about 2 hours before it is fully charged.
2. The device is water resistant- which means it is rain-proof, splash-proof, and sweat-proof. It cannot withstand the force associated with water jet and swimming strokes. Remove your device before showering or swimming: Pressurized or high velocity water jet may penetrate into the device. High temperature and steam of sauna or steam room may cause damage to the device. Whenever you get your wristband/watch wet, dry it thoroughly before putting it back on.
3. Please do not use any corrosive chemical to clean the device.
4. The built-in Li-Polymer battery might be damaged if it remains low power for an extended period of time. It is recommended that you charge the battery of your device once every three months to prolong the battery's lifespan, even though the device might not be in use.

Battery Life: Up to **15 days**

2 Set up Elite Fitness Band

Your Elite Fitness Band can be configured directly on the i-gotU Life app.

First time setup:

1. Open the i-gotU Life app.
2. A **Setup Wizard** will be launched automatically.
3. Follow the on-screen instructions to proceed with more settings.

Set up a new device from Settings:

1. Open the i-gotU Life app.
2. Tap the app icon at the upper left corner to open **function menu**.
3. Choose **Settings**.
4. Tap **Setup New Device** under **MORE DEVICE SETTINGS**.
5. Follow the on-screen instructions to continue.

Note

Your personal information is used to calculate your Base Metabolic Rate (BMR), which determines your calories burned.

4 Features of Elite Fitness Band & i-gotU Life App

Silent Alarm

Silent Alarm awakes you using gentle vibrations of the Elite Fitness Band. You can dismiss the alarm by long-pressing the button on the Elite Fitness Band. In case you miss the alarm, Elite Fitness Band will alert you again in 5 minutes. Alarms can be set up from: **i-gotU Life App Menu -> Silent Alarm**.

Notification

You will be notified with incoming calls, SMS, E-Mail, or alerts from the social apps via vibration. When notified about an incoming call on an Android smartphone, you may reject the call by long-pressing the button on Elite Fitness Band . Notification can be set up from: **i-gotU Life App Menu -> Notification**.

Remote Display (Android only)

1. Please download i-gotU Sports app from Google Play and have it installed on your Android smartphone.
2. After starting an activity on i-gotU Sports app, selected sports data from i-gotU Life app will be displayed on Elite Fitness Band
3. Remote Display can be set up from: **i-gotU Life App Menu ->Remote Display**.
4. The screen can be rotated by changing the settings from: **i-gotU Life App Menu ->Settings -> MORE DEVICE SETTINGS -> Screen Rotation**

Warranty

At Jarv, we are dedicated to making the best quality product . To back this up, your Jarv Elite Fitness Band has a One (1) year limited warranty, valid from the date of purchase. Should you require additional information or have any questions about your product or its warranty, please contact us via email at: Customer Service: customerservice@jarvmobile.com



Note on environmental protection:

After the implementation of the European Directive 2002/96/EU in the national legal system, the following applies: Electrical and electronic devices may not be disposed of with domestic Waste. Consumers are obliged by law to return electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

For warranty information, troubleshooting or other customer service needs please visit www.jarvmobile.com

Register your product online at www.jarvmobile.com to receive a free 6 month warranty extension